

Wichita High School East

Swimming and Diving Policy Sheet

Coaching staff: Head Coach – Joe Hutchinson (316-252-9192)
Diving Coach – Chris Butler (316-312-3923)

Practice Times: Varsity Swimming – Monday –Friday 3:30-5:30 and Saturday 8:00-10:00
JV Swimming – Monday and Tuesday 5:30-6:30 and Saturday 10:00-11:30
Diving – Monday-Friday 6:00-7:00 AM and Saturday 10:00-noon

Practice Expectations: All athletes are expected to be at all scheduled practices. However, situations arise where an athlete will have to miss. The coaches should be contacted before the practice session if possible, but if not the coaches should be informed as to why the practice was not attended. Swimmers who are doing the “dual participation” as approved by KSHSAA with a club must communicate with Coach Hutchinson and the club coach to develop a detailed schedule of practice and meet attendance.

Team Policies: Athletes must comply with KSHSAA and East High eligibility and paperwork rules
Athletes will work hard at practice to improve as much as possible every day
Athletes will not participate in any bullying or taunting actions in person or social media
Athletes will positively support every member of the East High team
Athletes will demonstrate good sportsmanship at all times
Holiday schedules will be distributed the week before the breaks and attendance is strongly suggested
Athletes will purchase their own swim suit – the cost depends upon the number of suits ordered
Swimmers cannot wear “tech suits” as any meet other than the GWAL and State Championships unless the coach directs them to do so

Violations of team policies can be subject to suspension after discussion with administration

Team Goals: Every athlete improves – faster swimming or higher scores on dives
Win the GWAL regular season and championship meet
Place in the top 3 at the KSHSAA championship meet
Place in the top 50 nationally in NISCA rankings

Personal Goals: Each athlete will establish and communicate individual goals to coach. The teams will be working with goal visualization and realization activities through the season.

Lettering Requirements: To earn a varsity letter, athletes must earn 180 letter points. Participation in a varsity meet earns 15 points and then placing in the meet earns points. The point schedule is below:
League dual meets: 1st place = 15 points, 2nd place = 10 points, 3rd place = 5 points
Invites or championship meets: 1st place = 60 points, 2nd place = 55 points....12th place = 5 points